



## **USDBF Outrigger safety and usage suggestions**

1. Careful handling of the boat is required for the privilege of use
2. Any damage noted whether you caused it or not must be reported to the team equipment manager
3. You must follow any rules of boating safety for the body of water you will paddle on.
4. After dark lights must be worn, only veterans can paddle after dark.
5. A spare paddle is a good idea.
6. In general, even experienced OC1 paddlers should paddle with a friend
7. If straying far from shore a communication device should be on board.

## **Novice and Youth Issues**

8. Prior to use a veteran must instruct you on righting and re-boarding procedures after a flip and general boat handling and safety.
9. Novices and youth must wear a life jacket while paddling.
10. Novices and youth are not permitted to go out without an adult veteran. There needs to be one adult for every 2 novices or youth.
11. Novices and youth will not paddle in cold weather, high water or rough conditions even if with a veteran. Novices and youth should generally stay close to the banks or shore when paddling.
12. Novices and youth may not paddle in the dark.
13. Novices and youth must have two persons carry the boat into and out of the water.