

Dragon Boat Club Crew World Championships, Olympic Regatta Centre & River Tisza, 2018 July

Sandwich menu (2 sandwiches, 1 chocolate bar 1 fruit and 1 bottle of mineral water).

Extra menu (3-course with fruit and water)

17/07/2018 - TUESDAY			
	MENU „A”	MENU „B”	VEGERATIAN
<i>Soup</i>	<i>Chicken soup</i>		<i>Hungarian Mushroom Soup</i>
<i>Main course</i>	<i>Roasted Duck Leg</i>	<i>Chicken breast roasted on Zucchini</i>	<i>Vegetable lasagne</i>
<i>Side dish</i>	<i>Steamed cabbage and Potato</i>	<i>Potato</i>	
<i>Dessert</i>	<i>Cottage-cheese pie</i>		
<i>Fruit</i>	<i>Banana</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

17/07/2018 - TUESDAY			
	GLUTEN-FREE	LACTOSE-FREE	DIABETIC
<i>Soup</i>	<i>Chicken soup without vermicelli</i>	<i>Hungarian Mushroom Soup with dumplings</i>	<i>Hungarian Mushroom Soup</i>
<i>Main course</i>	<i>Roasted Duck Leg</i>	<i>Roasted Duck Leg</i>	<i>Chicken breast roasted on Zucchini</i>
<i>Side dish</i>	<i>Steamed cabbage and Potato</i>	<i>Steamed cabbage and Potato</i>	<i>Vegetable</i>
<i>Dessert</i>	<i>Cottage-cheese pie</i>		
<i>Fruit</i>	<i>Banana</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

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Extra menu (3-course with fruit and water)

18/07/2018 - WEDNESDAY			
	MENU „A”	MENU „B”	VEGERATIAN
<i>Soup</i>	<i>Turkey ragout soup with tarragon,</i>		<i>French onion soup</i>
<i>Main course</i>	<i>Chicken Steak with Yogurt-sauce</i>	<i>Bakonyi Pork stew (with cream, paprika and mushroom)</i>	<i>Raviolis with green spices and tomato sauce</i>
<i>Side dish</i>	<i>Rice with vegetable</i>	<i>pasta</i>	
<i>Dessert</i>	<i>Sponge cake roll</i>		
<i>Fruit</i>	<i>Orange</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

18/07/2018 - WEDNESDAY			
	GLUTEN-FREE	LACTOSE-FREE	DIABETIC
<i>Soup</i>	<i>Turkey ragout soup with tarragon (without vermicelli)</i>	<i>French onion soup</i>	<i>Turkey ragout soup with tarragon (without vermicelli)</i>
<i>Main course</i>	<i>Chicken Steak with Yogurt-sauce</i>	<i>Bakonyi Pork stew (with lactose-free cream, paprika and mushroom)</i>	<i>Chicken Steak with Yogurt-sauce</i>
<i>Side dish</i>	<i>Rice with vegetables</i>	<i>pasta</i>	
<i>Dessert</i>	<i>Sponge cake roll</i>		
<i>Fruit</i>	<i>Orange</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

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Extra menu (3-course with fruit and water)

19/07/2018 - THURSDAY			
	MENU „A”	MENU „B”	VEGERATIAN
<i>Soup</i>	<i>Frankfurter (cabbage) soup</i>		<i>Broccoli cream soup</i>
<i>Main course</i>	<i>Roasted turkey breast Kiev style</i>	<i>Chicken breast Gellert style (stuffed with mushroom, ham and peas)</i>	<i>Tortellini with Basil</i>
<i>Side dish</i>	<i>Mashed potato</i>	<i>Mashed potato</i>	
<i>Dessert</i>	<i>Sour-cherry pie</i>		
<i>Fruit</i>	<i>Apple</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

19/07/2018 - THURSDAY			
	GLUTEN-FREE	LACTOSE-FREE	DIABETIC
<i>Soup</i>	<i>Frankfurter (cabbage) soup</i>	<i>Frankfurter (cabbage) soup</i>	<i>Broccoli cream soup</i>
<i>Main course</i>	<i>Roasted turkey breast Kiev style</i>	<i>Chicken breast Gellert style (stuffed with mushroom, ham and peas)</i>	<i>Chicken breast Gellert style (stuffed with mushroom, ham and peas)</i>
<i>Side dish</i>	<i>Steamed vegetables</i>	<i>Steamed vegetables</i>	<i>Steamed vegetables</i>
<i>Dessert</i>	<i>Sour-cherry pie</i>		
<i>Fruit</i>	<i>Apple</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

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Extra menu (3-course with fruit and water)

20/07/2018 - FRIDAY			
	MENU „A”	MENU „B”	VEGERATIAN
Soup	<i>Palóc soup (meat soup with green beans, potato, dill, onion and pasta),</i>		<i>Mixed fruit soup</i>
Main course	<i>Pork Medallions with Rosemary and Ratatouille</i>	<i>Chicken paprika stew with sour cream</i>	<i>Zucchini stuffed with mushroom ragout</i>
Side dish	<i>Fusilli</i>	<i>Fusilli</i>	
Dessert	<i>Punch slice</i>		
Fruit	<i>Nectarine</i>		
Mineral water:	<i>Still or fizzy water</i>		

20/07/2018 - FRIDAY			
	GLUTEN-FREE	LACTOSE-FREE	DIABETIC
Soup	<i>Palóc soup (without pasta</i>	<i>Mixed fruit soup with lactose free cream</i>	<i>Palóc soup (without pasta</i>
Main course	<i>Pork Medallions with Rosemary and Ratatouille</i>	<i>Pork Medallions with Rosemary and Ratatouille</i>	<i>Chicken paprika stew with sour cream</i>
Side dish	<i>Rice</i>	<i>Fusilli</i>	<i>Fusilli</i>
Dessert	<i>Punch slice</i>		
Fruit	<i>Nectarine</i>		
Mineral water:	<i>Still or fizzy water</i>		

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Extra menu (3-course with fruit and water)

21/07/2018 - SATURDAY			
	MENU „A”	MENU „B”	VEGERATIAN
<i>Soup</i>	<i>Consommé with meat and vegetables</i>		<i>Pea soup with dumplings,</i>
<i>Main course</i>	<i>Turkey Breast Dubarry style Cauliflower-Gratin)</i>	<i>Spicy breaded and stuffed pork filet</i>	<i>Broccoli Gratin with roasted almond slices</i>
<i>Side dish</i>	<i>Parsley Rice</i>	<i>Parsley Rice</i>	
<i>Dessert</i>	<i>Honey-poppy cake</i>		
<i>Fruit</i>	<i>Green apple</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

21/07/2018 - SATURDAY			
	GLUTEN-FREE	LACTOSE-FREE	DIABETIC
<i>Soup</i>	<i>Consommé with meat and vegetables</i>	<i>Pea soup with dumplings</i>	<i>Consommé with meat and vegetables</i>
<i>Main course</i>	<i>Roasted turkey breast in bacon stuffed with cheese</i>	<i>Roasted turkey breast in bacon stuffed with lactose-free cheese</i>	<i>Turkey Breast Dubarry style Cauliflower-Gratin)</i>
<i>Side dish</i>	<i>Parsley Rice</i>	<i>Parsley Rice</i>	<i>Parsley Rice</i>
<i>Dessert</i>	<i>Honey-poppy cake</i>		
<i>Fruit</i>	<i>Green apple</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

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Extra menu (3-course with fruit and water)

22/07/2018 - SUNDAY			
	MENU „A”	MENU „B”	VEGERATIAN
<i>Soup</i>	<i>Orosházi plate (meat soup with mixed vegetables and cream)</i>		<i>Italian tomato soup</i>
<i>Main course</i>	<i>Grilled chicken leg filet with mozzarella</i>	<i>Four-seeds turkey breast</i>	<i>Penne with pesto and cheese</i>
<i>Side dish</i>	<i>Roasted potato</i>	<i>Roasted p</i>	
<i>Dessert</i>	<i>Apple pie</i>		
<i>Fruit</i>	<i>Banana</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		

22/07/2018 - SUNDAY			
	GLUTEN-FREE	LACTOSE-FREE	DIABETIC
<i>Soup</i>	<i>Orosházi plate (meat soup with mixed vegetables and cream)</i>	<i>Italian tomato soup</i>	<i>Orosházi plate (meat soup with mixed vegetables and cream)</i>
<i>Main course</i>	<i>Grilled chicken leg filet with mozzarella</i>	<i>Four-seeds turkey breast</i>	<i>Grilled chicken leg filet with mozzarella</i>
<i>Side dish</i>	<i>Roasted potato</i>	<i>Roasted potato</i>	<i>Roasted potato</i>
<i>Dessert</i>	<i>Apple pie</i>		
<i>Fruit</i>	<i>Banana</i>		
<i>Mineral water:</i>	<i>Still or fizzy water</i>		